



# Real Body Therapy, LLC

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## Policy Statement

Welcome to **Real Body Therapy**, our therapeutic massage practice. Massage therapy has proven to be effective in stress reduction and aids in relaxation. It can reduce pain and assist in the healing of injuries; however, massage does not address serious medical conditions. You may be referred to a medical doctor or chiropractor.

**Please read the following policies carefully, so that you may discuss them with your therapist at your first visit:**

- Your privacy and confidentiality are respected at all times.
- Your first session begins with an interview and health history. Together, you and your therapist will determine a treatment plan.
- You may schedule sessions from 30 minutes to 90 minutes. Charges are posted in the waiting room.
- Payment is due at the time of service. Cash and personal checks are accepted.
- Gratuity is never expected, but always appreciated.
- Appointment must be cancelled 24 hours in advance or you will be charged for the full amount of the session. Emergency situations will be handled at the therapist's discretion.
- If you are late for an appointment, your session still falls within the allotted time slot. For example, if you are 15 minutes late for a 60 minute session, your session will then last 45 minutes.
- To prepare for your massage, please undress to your level of comfort. Your body will be carefully draped so that only the area which is being worked will be exposed. You may request or decline work on any body area; however, the genital area will never be exposed or massaged.
- Sexual behavior by the client toward the therapist or by the therapist toward the client is unethical, inappropriate and unacceptable. Sexual harassment is not tolerated.
- Please be sure to communicate with your therapist if anything makes you feel uncomfortable, physically or psychologically. Clear communication is key to the client-therapist relationship, and will increase the effectiveness of your treatment.

**I have read the above policies, and have had the opportunity to discuss them with the therapist. I understand that no guarantees can be made about the outcome of any massage therapy session. My signature below indicates informed consent to my treatment by the massage therapist, and my agreement to abide by the above policies.**

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Client Signature

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Date